

Not Just Surviving - But Thriving - in These Exceptional Times

An Evening with Dr. Vanessa Lapointe

Monday June 1st @ 7pm via Zoom



Dr. Vanessa Lapointe is a registered psychologist, author, parent educator, and mom. During this most exceptional time, all of us – ourselves as parents and our kids – are at the effect of the many changes we have experienced. Challenging behaviours, unexpected moods, anxiety, and relationship difficulties may all have come to the forefront. Dr. Vanessa will discuss what is happening under the surface, and land on some key ideas for coping so that this time and all that is to follow from it can be transformed into an opportunity for growth and resilience.

Dr Vanessa Lapointe

Dr. Vanessa Lapointe is an author, parenting expert, and registered psychologist (British Columbia #1856) who has been supporting families and children for more than fifteen years. Author of *Discipline without Damage: How to get your kids to behave without messing them up* and *Parenting Right From The Start: Laying a Healthy Foundation in the Baby and Toddler years* regularly invited media guest and contributor, educator and speaker, a Huffington Post Parent blogger, and a consultant to research projects and various organizations promoting emotional health and development, Dr. Vanessa is known for bringing a sense of nurturing understanding and humanity to all of her work. She presently works in private practice and has previous experience in a variety of settings, including the British Columbia Ministry of Children and Family Development and the school system.

Dr. Vanessa's passion is in walking alongside parents, teachers, care providers, and other big people to really see the world through the child's eyes. She believes that if we can do this, we are beautifully positioned to grow up our children in the best possible way. As a mother to 2 growing children, Dr. Vanessa strives not only professionally, but also personally, to view the world through the child's eyes.

Register in advance for this webinar:
https://us02web.zoom.us/webinar/register/WN_9Gx8cmofQna5nF6dFZ4Zlg

After registering, you will receive a confirmation email containing information about joining the webinar.

Message from the Principal:

This is a valuable event and I highly recommend that you attend. The school has covered all the costs for this event so that all parents can participate.

For more information, please visit lapointepsychology.com