



Self-Quarantining and Return to School Protocol

Tasks



- Review and understand protocol.
- Adjust as necessary for local, legal and cultural environment
- Comply with local legal requirements and health authority direction.

Guidance for Self-Quarantining and Return to School: COVID-19

Clarification of “self-quarantine” requirement: Employees and students are requested to remain off the property for 14 days if COVID-19 symptoms are present (see the COVID-19 Self-Screening Information), directly exposed to COVID-19 or if a test shows positive results. Employees and students should avoid leaving the home if possible. Employees and students are expected to continue remote learning while at home if possible.

Additional Guidance

The following are suggestions only and individuals are to follow the advice and protocols from the BCCDC and the Ministry of Health.

- Stay away from other people in your home as much as possible, staying in a separate room and using a separate bathroom if available.
- No visitors unless the person needs to be in your home.
- If you need medical attention, call ahead to ensure you’re going to the right place and taking the necessary precautions.
- Wear a face mask if you must be around other people, such as during a drive to the doctor’s office.
- When you cough/sneeze: cover your mouth and nose with a tissue; immediately throw tissues in garbage; wash your hands with soap and water for at least 20 seconds; if that’s not available, clean with hand sanitizer that has at least 60% alcohol.
- Avoid sharing household items, including drinking cups, eating utensils, towels or even bedding. Wash these items thoroughly after using.
- Clean high touch surfaces daily using a household cleaner or wipe. These include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets and bedside tables
- Continue monitoring for any symptoms. If they worsen, call 811.
- Arrange to have groceries and toiletries delivered, if possible.

Employees and Students can only return to the school after they have self-quarantined for 14 days. In addition, if they tested positive for COVID-19, they must test negative for COVID-19 prior to their return.