

ST. BERNADETTE SCHOOL Presents



The Annual General Meeting

Followed by

Sexuality and Your Child Presentations

New this year....

EMPOWERING LIFE PRESENTATION

Kindergarten to Grade 3 Parents

SARAH RUGGIER

Sarah aims to stir the desire for self-awareness and growth by exploring identity formation, body image, brain development, parenting, child and adolescent development, childhood anxiety, empathy, and emotional intelligence.



What you need to know...

The evening will start promptly at 6:30pm in the Parish Hall. Please arrive by 6:15pm.

Grade 4 – 7 parents are in the classrooms, K – 3 parents are in the Parish Hall.

Babysitting is offered by the school. Please drop off your children at the Library before 6:15pm. Children must be registered with Mr. van der Pauw prior to Thursday evening.

Every family who attended will receive Parent Participation Hours.